



THE MOZARABIC WAY IS THE SET OF ROUTES THAT PILGRIMS HAVE USED FROM THE MIDDLE AGES TO GET TO SANTIAGO DE COMPOSTELA FROM AL-ANDALUS. NOWADAYS, THE MAIN ROUTES ORIGINATE IN THE CITIES OF ALMERÍA, MÁLAGA, GRANADA, JAÉN, AND CÓRDOBA, LINKING UP IN MÉRIDA WITH THE BRANCH COMING FROM SEVILLE, KNOWN AS VÍA DE LA PLATA.

THE HOST TERRITORY AND THE PILGRIMS ARE TOGETHER IN PROMOTING AN EXPERIENCE THAT IS AS JOYFUL AS IT IS PEACEFUL AND SAFE.

BUEN CAMINO

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A Safe Way

BAENA - CASTRO DEL RÍO - ESPEJO





Good planning

Excellent prior preparation is key to a good planning. On the one hand, referring to the physical conditions of the pilgrims. On the other hand, focusing on:

- adequate preparation for the journey, including to the state of the way and difficulty of the stages - the specific circumstances for cyclists and riders - the preparation of a minimum first aid kit - the load of the backpack - documentation for the trip (identification, health, credit card...

PERSONAL CARE AND CARE FOR THE ENVIRONMENT

It is recommended to maintain daily care of body hygiene, as well as of any physical or emotional discomfort. Likewise, pilgrims should pay attention to being well hydrated and nourished, and in particular, comply with the recommendations and standards relating to the maintenance of public health.

Pilgrims activate cultural exchange with the neighbours of the municipalities along the Camino, as well as contribute to their socio-economic development. In addition, they help to the conservation and dissemination of cultural heritage. At the same time, they are invited to take care of assets, facilities, and equipment and to respect and be respected in their cultural and religious practices.



Safety

The Saint James Way in general and the Mozarabic Way in particular, are safe places for pilgrims. It is everyone's responsibility to contribute to this safety to be enjoyed equally by all types of pilgrims regardless of gender, age or any other personal circumstance.

EMERGENCIAS

All municipalities have medical care centres. In case of an emergency it is recommended to use the universal number 112.

OTHER ACCIDENTS

In Spain, the alert and emergency telephone numbers of the Guardia Civil (062), Police (091) and Local Police (092), and the ALERTCOPS platform are active. These are the contact telephone numbers in the municipalities of Baena, Castro del Río, and Espejo.

	BAENA	CASTRO DEL RÍO	ESPEJO
Tourist Office	647 571 037	957 943081	957 376001
Hostel	608 795 230	957 372377 678 509 561	957 376001 608 174 629
Local Police	957 691444 647 567 657	957 372377 678 509 561	957 376001 608 174 629
Guardia Civil	957 670208	957 370119	
Health Centre	957 699529	957 379676	957 379550
Medical Emergencies	112 / 061		